



CTG Named One of Healthcare's Best Places to Work by Modern Healthcare

October 3, 2018

BUFFALO, N.Y., Oct. 03, 2018 (GLOBE NEWSWIRE) -- **CTG (NASDAQ: CTG)**, a leading provider of information technology (IT) solutions and services in North America and Western Europe, today announced that it was named one of the [Best Places to Work](#) in healthcare by [Modern Healthcare](#).

CTG employees who were surveyed expressed their appreciation for the Company's professional development opportunities, comprehensive benefits packages, and positive work environment. CTG was also commended for its lower-than-average voluntary employee turnover rate.

Inclusion on the 2018 list of Best Places to Work is based on both employer and employee surveys. Employers complete a survey detailing company policies and practices, benefits, and demographics. Employees are then given the opportunity to respond anonymously to a survey analyzing several areas of employee satisfaction: leadership and planning, culture and communications, role satisfaction, working environment, relationship with supervisor, training and development, pay and benefits, and overall satisfaction.

"I firmly believe that if we respect our employees and create a positive atmosphere, they will put forth their best effort in serving our clients. This has been a consistent recipe for success for us," said Rob Barras, Vice President, Health Solutions, CTG. "To receive this recognition from *Modern Healthcare*—and to do so for five years—is extremely powerful and rewarding. I'm thrilled to know that our employees consider CTG to be a Best Place to Work and I can promise we'll continue to work hard to live up to this standard."

[Modern Healthcare's Best Places to Work](#) recognizes outstanding employers in the healthcare industry from across the United States. Companies are featured in a special supplement and profiled in an issue of *Modern Healthcare*.

About CTG:

CTG provides industry-specific IT services and solutions that address the business needs and challenges of clients in high-growth industries in North America and Western Europe. CTG also provides strategic staffing services for major technology companies and large corporations. Backed by more than 50 years of experience and proprietary methodologies, CTG has a proven track record of reliably delivering high-value, industry-specific staffing services and solutions to its clients. CTG has operations in North America, Western Europe, and India. The Company regularly posts news and other important information online at www.ctg.com.

Safe Harbor Statement

This document contains certain forward-looking statements concerning the Company's current expectations as to future growth, financial outlook, business strategy and performance expectations for 2018 and three-year performance targets, a share repurchase program, and statements related to cost control, new business opportunities, financial performance, market demand, and other attributes of the Company. These statements are based upon the Company's expectations and assumptions, a review of industry reports, current business conditions in the areas where the Company does business, feedback from existing and potential new clients, a review of current and proposed legislation and governmental regulations that may affect the Company and/or its clients, and other future events or circumstances. Actual results could differ materially from the outlook guidance, expectations, and other forward-looking statements as a result of a number of factors, including among others, the availability to the Company of qualified professional staff, domestic and foreign industry competition for clients and talent, increased bargaining power of large clients, the Company's ability to protect confidential client data, the partial or complete loss of the revenue the Company generates from International Business Machines Corporation (IBM) and/or SDI International (SDI), the ability to integrate the Soft Company business and retain its clients while achieving cost reduction targets, the uncertainty of clients' implementations of cost reduction projects, the effect of healthcare reform and initiatives, the mix of work between staffing and solutions, currency exchange risks, risks associated with operating in foreign jurisdictions, renegotiations, nullification, or breaches of contracts with clients, vendors, subcontractors or other parties, the change in valuation of capitalized software balances, the impact of current and future laws and government regulation, as well as repeal or modification of such, affecting the information technology (IT) solutions and staffing industry, taxes and the Company's operations in particular, industry and economic conditions, including fluctuations in demand for IT services, consolidation among the Company's competitors or clients, the need to supplement or change our IT services in response to new offerings in the industry or changes in client requirements for IT products and solutions and other factors that involve risk and uncertainty including those listed in the Company's reports filed with the Securities and Exchange Commission as of the date of this document. Such forward-looking statements should be read in conjunction with the Company's disclosures set forth in the Company's 2017 Form 10-K, which is incorporated by reference, and other reports that may be filed from time to time with the Securities and Exchange Commission. The Company assumes no obligation to update the forward-looking information contained in this release.

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